

Wound care post removal of peritoneal catheter

Information for patients

This leaflet explains how to look after your wound post removal of peritoneal dialysis catheter. If you have any queries or concerns, please do not hesitate to speak to the doctors or nurses caring for you.

Please follow the advice your PD team gives you as well as the advice in this leaflet.

Do's and don'ts

Do not:

- **have a bath or shower until the wound has healed** - the PD nurses will tell you when you can do this (usually after two - three weeks)
- **take off your wound dressing while the area is healing** - this increases your risk of wound infection and slows down healing
- **lift anything heavier than a small bag of groceries for six weeks** - lifting heavy objects puts pressure on your abdomen which may cause bleeding/delay healing process
- **drive for one week** - driving puts pressure on your abdomen.

Do:

- expect some oozing of blood or fluid to seep through the dressing. If this happens, put a new dressing on top of the old dressing using the extra pads we gave you. You need to get help straight away if you cannot control the leaking from the exit site. Go to the clinic/ward or your nearest Emergency Department (ED/A&E) immediately.
- keep your appointments with the clinic – these are usually weekly, until you are established on PD
- take painkillers as advised, if you need to – the wound will be tender for a while after your operation.

Who can I contact with queries and concerns?

If you have any queries or concerns, or are feeling unwell, contact the PD unit - we are here to help.

Tel: 020 3299 6336, 8.30am - 4.30pm, Monday to Friday (not bank holidays). If there is no answer, leave a message on our answer machine and we will contact you as soon as possible.

For emergencies out of hours, contact Fisk & Cheere ward on 020 3299 3298 / 3859, and ask for the nurse in charge.

Your Consultant is: Dr H Cairns

Your nursing team

At King's College Hospital:

Elaine Bowes – Clinical Nurse Specialist (CNS)

Christopher Clark - Senior Sister

Alison McCarthy - Junior Sister

Dawn O'Sullivan - Junior Sister

In the community:

Babakang Shakoane – Senior Sister

Trevor Farley – Junior Charge Nurse

www.kch.nhs.uk

Networked Care
Corporate Comms: 1008
PL805.1 January 2018
Review date January 2021

King's College Hospital is part of King's Health Partners Academic Health Sciences Centre (ASHC), a pioneering collaboration between King's College London, and Guy's and St. Thomas', King's College Hospital and South London and Maudsley NHS Foundation Trusts.

For more information, visit www.kingshealthpartners.org