



Having your tooth removed (extracted) at the dentist



Why do you have to have a tooth removed?

- A tooth may need to be removed because it has a big hole (tooth decay) or because it is very loose.
- To stop you from having pain.





During your appointment...



You will be asked to take a seat in the dental chair.



The chair will lie back.

The light will go on.



You will be asked to open your mouth wide and the dentist will use a mirror.





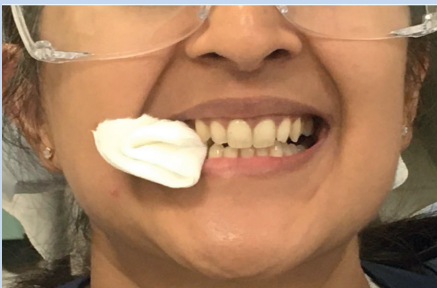
The tooth will need to be numbed.
You will need an injection/ needle in your mouth.



The dentist will pull and push on your tooth.



The dentist will pull your tooth out.



The dentist will place clean gauze in your mouth.
You must bite down on the gauze to stop any bleeding.
You must not swallow it.





After your appointment...



Do not rinse your mouth or spit out for the rest of the day.



Do not drink alcohol for the rest of the day.



Do not do any exercise, heavy lifting for the rest of the day.





Do not smoke for 5 days.





After your appointment...



Bite on clean gauze/ towel if it starts to bleed.
Continue to bite for 15 minutes. Repeat if needed.



If you continue to bleed
call the department or
NHS 111.



Take painkillers as advised
by the dentist.





On the day after your tooth is removed, start rinsing your mouth with warm, salty water three times a day. Continue for five days.



Who can I contact with concerns and queries?

Monday to Friday, from 9am to 4.30pm:

- Tel: 020 3299 1681 or 020 3299 5129
- Location: Department of Special Care Dentistry, Third Floor, Dental Institute, King's College Hospital, Bessemer Road, London SE5 9RS

Out of hours and on weekends and bank holidays, please call NHS111 or your General Dental Practitioner.

MyChart

Our MyChart app and website lets you securely access parts of your health record with us, giving you more control over your care. To sign up or for help, call us on 020 3299 4618 or email kings.mychart@nhs.net. Visit www.kch.nhs.uk/mychart to find out more.

PALS

The Patient Advice and Liaison Service (PALS) is a service that offers support, information and assistance to patients, relatives and visitors. They can also provide help and advice if you have a concern or complaint that staff have not been able to resolve for you. They can also pass on praise or thanks to our teams.

Tel: **020 3299 4618**

Email: **kings.pals@nhs.net**

If you would like the information in this leaflet in a different language or format, please contact our Interpreting and Accessible Communication Support on 020 3299 4618 or email kings.access@nhs.net