



Having inhalation (gas) sedation for dental treatment



What is inhalation sedation?

- You will be given a gas that you breathe through your nose.
- It will make you feel relaxed and happy.
- It does not taste or smell bad.





Before your appointment...



You may eat a small meal 1 to 2 hours before your appointment.



You may take your medicines at the normal time unless the dentist tells you otherwise.



Please wear flat shoes and loose, comfortable clothes to the appointment.





Tell the dentist if you are having a baby or trying for a baby.



Tell the dentist if you feel ill.





Before your appointment...



Do not drink alcohol 24 hours before the appointment.



Do not take recreational drugs 48 hours before the appointment, including cannabis (weed).





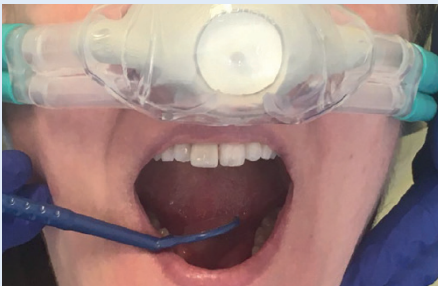
During your appointment...



You will be asked to take a seat in the dental chair.



The dentist will place a small mask over your nose. You will breathe the gas through your nose.



When you are very relaxed the dentist will look in your mouth and do your treatment.





After your appointment...



Rest for the remainder of the day.



Take your medicines at the normal time unless the dentist tells you otherwise.





After your appointment...



Do not drive until the next day.



Do not ride a bike until the next day.



Do not go back to work until the next day.





After your appointment...



Do not sign any important documents.



Do not take recreational drugs for the rest of the day, including cannabis (weed).



Do not drink alcohol for the rest of the day.



Who can I contact with concerns and queries?

Monday to Friday, from 9am to 4.30pm:

- Tel: 020 3299 1681 or 020 3299 5129
- Location: Department of Special Care Dentistry, Third Floor, Dental Institute, King's College Hospital, Bessemer Road, London SE5 9RS

Out of hours and on weekends and bank holidays, please call NHS111 or your General Dental Practitioner.

MyChart

Our MyChart app and website lets you securely access parts of your health record with us, giving you more control over your care. To sign up or for help, call us on 020 3299 4618 or email kings.mychart@nhs.net. Visit www.kch.nhs.uk/mychart to find out more.

PALS

The Patient Advice and Liaison Service (PALS) is a service that offers support, information and assistance to patients, relatives and visitors. They can also provide help and advice if you have a concern or complaint that staff have not been able to resolve for you. They can also pass on praise or thanks to our teams.

Tel: **020 3299 4618**

Email: **kings.pals@nhs.net**

If you would like the information in this leaflet in a different language or format, please contact our Interpreting and Accessible Communication Support on 020 3299 4618 or email kings.access@nhs.net



Notes



