

SFS Allergy Aware Texture Modified Menu Spring Summer 2026

All meals are free from gluten ingredients (wheat, oats, barley and oats), milk, egg, soya, fish, crustaceans, molluscs, peanut, tree nuts, sesame seeds, celery, mustard, lupin and sulphites.

Level 4 Pureed Allergy Meals

Traditional Roasted Lamb, onion gravy, mash potato, root vegetables and peas

Chicken Casserole with onion gravy, mash potato, root vegetables, peas

Beef Casserole with onion gravy, mash potato, root vegetables, peas

Chickpea Stew with tomato sauce, mash potato, root vegetables, peas (vegan)

Level 5 Minced and Moist Allergy Meals

Chicken Casserole with crushed herby potatoes and carrots

Savoury Beef with crushed herby potatoes and swede

Lentil Bolognese, mash potato, carrot (vegan)

Level 6 Soft and Bite Sized Allergy Meals

Chicken Casserole with crushed herby potatoes and carrots

Savoury Beef with crushed herby potatoes and swede

Vegetable Casserole with crushed herby potato and carrot (vegan)