

# Maternity research

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## Information for women and birthing people

This leaflet provides information about taking part in maternity research at King's College Hospital NHS Foundation Trust. If you have any questions or concerns, please do not hesitate to contact the Maternity Research Team.

### **Confirming your identity**

Before you have a treatment or procedure, our staff will ask you your name and date of birth and check your ID band. If you don't have an ID band we will also ask you to confirm your address.

If we don't ask these questions, then please ask us to check.

**Ensuring your safety is our primary concern.**

## Why is research important?

Research means we can:



- develop new and better treatments



- be better at preventing problems and making a quick diagnosis



- give you the best care

**You are a key part of helping us get better.  
Research can only happen with your help.**

## There are lots of research projects running in maternity at King's College Hospital NHS Foundation Trust

If you are interested in taking part, then please contact the Maternity Research Team. We can have a chat about which studies are appropriate for you.

Our contact details can be found below.

## How can you get involved?

### You can help design research studies

Research is about you. Help us get it right. When we design new research studies, we ask for volunteers to work with us. If you would like to help, then please contact the Maternity Research Team.

### You can be part of a research study

There are two types of research studies:















## 1. Studies that you will only be part of if you say yes

You might be asked by your midwife or doctor if you would like to be part of a specific research project. You will have been asked to be part of the study because of your specific situation. These studies are not open to everyone.

You might see posters or leaflets about studies that you would like to take part in. Please get in touch with the Maternity Research Team.





## Open research

### Pregnancy complications studies

<b>Advanced cardiovascular assessment in pregnancy</b> 	<b>APRICOTS</b>  AKI Prediction In Pregnancy using Point of Care Testing: a feasibility Study	<b>Aspirin versus placebo in twin pregnancies for preeclampsia prevention</b> 
<b>COPE</b> Carboprost or Oxytocin Postpartum Haemorrhage effectiveness study 	<b>FIBROSCAN</b> Defining 'normal' liver function tests and FibroScan values in pregnancies with or without liver disease 	<b>First-trimester cfDNA Testing</b> 
<b>NIHR Rare Diseases Bioresource</b> - Chronic Kidney Disease - Severe Hyperemesis Gravidarum - Intrahepatic Cholestasis of Pregnancy 	<b>PAIRS</b> Pregnancy Adaptation in Renal Disease Study 	<b>PREDICTION OF PREGNANCY COMPLICATIONS</b> 
<b>RCT: Pre-eclampsia prevention by timed birth at term</b> 	<b>Blood pressure and Renal Clinic</b> These clinics do lots of research. If you attend one of these clinics you will be offered to participate in one or more of their studies.	



Other studies

<b>iGBS3</b> Development of a serocorrelate of protection against invasive Group B Streptococcus disease (iGBS)	 <b>iGBS 3</b> study	<b>MiNESS 20-28</b> Mothers Working to Prevent Early Stillbirth Study 20-28	 <b>MiNESS 20-28</b> Working together / Preventing stillbirth
<b>New Horizons</b> Can edoxaban and rivaroxaban be prescribed to breastfeeding mothers?		<b>RELAX</b> Reducing levels of anxiety - in pregnancy and after birth	





**2. Studies that you will be part of unless you say no**

We are taking part in some research projects that use information in your electronic health records. All information is totally anonymous. No one knows that the information is about you or your child. This is an easy way to help with research.

**Please contact the Maternity Research Team if you would like further information about these studies or if you have any questions.**

If you do not want your information to be used, then you need to say no. Please inform your midwife, doctor, or the research midwives. This will not affect the care you receive in any way. To say no to open research, please use the instructions in the table below.

Open research

Study	How to say no
<p><b>eLIXIR Data Linkage Project</b></p> <p>We are taking part in the Early Life Cross Linkage in Research (eLIXIR) Programme. eLIXIR is exploiting the associations between physical and mental health between mother and child through linkage of your health information to your child's information. We hope this will help us improve the health and wellbeing of mothers and children in the future. No one will know that the information is about you or your child. Ask the Maternity Research team for a leaflet with detailed information about the study.</p> 	<p>We want to know if you have any concerns or do not want your information included in eLIXIR.</p> <p>If you have any questions or want to have you or your baby's health records removed, please contact: <b>elixir@gstt.nhs.uk</b>.</p>
<p><b>OBS-UK (PRUH only)</b></p> <p>The effectiveness of a maternity quality improvement programme to reduce excess bleeding and need for transfusion after childbirth. The study needs to collect data on 189,000 births. The information we collect will have no impact on your care. The study team are collecting information on births in this NHS Trust between February 2024 and August 2026. The study has ethical approval.</p>  <p>For more information on the study and how we will use your data please visit the study website: <b>www.obsuk.org</b> or email the study team <b>obsuk@cardiff.ac.uk</b> or speak to your midwife or obstetrician.</p>	<p>You need to tell us if you don't want your birth data included in this study To opt out of your data being used for OBS UK alone tell your midwife or your local maternity research team by email <b>kch-tr.kingsresearchmidwives@nhs.net</b></p> <p>You also have the right to opt out of your data being used for all non-clinical use. To find out how, visit: <b>www.nhs.uk/your-nhs-data-matters/</b></p>

Contact us

If you are interested in taking part in any of these research projects or you would like to find out more then get in touch with the Maternity Research Team.

Tel: **07970 354 795**

Email: **kch-tr.kingsresearchmidwives@nhs.net**

## Your data matters to the NHS

Information about your health and care helps us to improve your individual care, speed up diagnosis, plan your local services and research new treatments.

In May 2018, the strict rules about how this data can and cannot be used were strengthened. The NHS is committed to keeping patient information safe and always being clear about how it is used.

You can choose whether your confidential patient information is used for research and planning. To find out more visit: **[nhs.uk/your-nhs-data-matters](https://nhs.uk/your-nhs-data-matters)**

For more information about your data rights please visit the Your Data Matters campaign at **[ico.org.uk](https://ico.org.uk)**

## Sharing your information

King's College Hospital NHS Foundation Trust has partnered with Guy's and St Thomas' NHS Foundation Trust through the King's Health Partners Academic Health Sciences Centre. We are working together to give our patients the best possible care, so you might find we invite you for appointments at Guy's or St Thomas' hospitals. King's College Hospital and Guy's and St Thomas' NHS Foundation Trusts share an electronic patient record system, which means information about your health record can be accessed safely and securely by health and care staff at both Trusts. For more information visit **[www.kch.nhs.uk](https://www.kch.nhs.uk)**.

## Care provided by students

We provide clinical training where our students get practical experience by treating patients. Please tell your doctor or nurse if you do not want students to be involved in your care. Your treatment will not be affected by your decision.



## PALS

The Patient Advice and Liaison Service (PALS) is a service that offers support, information and assistance to patients, relatives and visitors. They can also provide help and advice if you have a concern or complaint that staff have not been able to resolve for you. They can also pass on praise or thanks to our teams.

PALS at King's College Hospital, Denmark Hill, London SE5 9RS

Tel: **020 3299 3601**

Email: **[kch-tr.palsdh@nhs.net](mailto:kch-tr.palsdh@nhs.net)**

PALS at Princess Royal University Hospital, Farnborough Common, Orpington, Kent BR6 8ND

Tel: **01689 863252**

Email: **[kch-tr.palspruh@nhs.net](mailto:kch-tr.palspruh@nhs.net)**

**If you would like the information in this leaflet in a different language or format, please contact our Communications and Interpreting telephone line on 020 3299 4826 or email [kch-tr.accessibility@nhs.net](mailto:kch-tr.accessibility@nhs.net).**



## Notes