

Network Mid-year progress report to NHS England & Integrated Care Boards 2022/23

ODN/Specialised clinical network	South East London and Kent	Author	Cecilia Clarke and Gordan Grahovac	Date	29/09/22
Please list ICSs covered	South East London ICS, Kent and Medway ICS				

Key Achievements April to September 2022

Focus over the next 3 & 6 months (please provide dates for milestones) Please indicate which ICSs are affected

- **PACs access across the region** - King's (hub site) now has with all district hospital (Dartford and Gravesham, Guys and St Thomas, Medway, East Kent, Maidstone Tunbridge Wells, Lewisham and Greenwich with the exception of Queen Elizabeth Woolwich)
- **Electronic Spinal Fracture referral form-** form now embedded on King's EPR
- **Waiting list significant reduced across the region according to surgeons.**
- **Standardised patient leaflets** - BASS patient leaflets used by all spinal centres across the Network
- **Pain services mapped across the Network** – key contact list created and good engagement.
- **Community physiotherapist referral data-** This hub site King's has agreed to provide regular Data, through their business intelligence team. The data will be used to measure the quality of referrals from community physiotherapist service to see the conversion rate of the referrals into spinal surgery. First report received in September 2022 and quarterly going forward.

Embed National Back Pathway across Kent developing online training, communications and engagement with GPs

Pilot the exemplar CES pathway in Southeast London and Kent

Specialist triage and treat training for MSK spinal practitioners

Strengthen pathway between surgical service and pain management. Aligned to National Back Pathway

Engage with Neurosurgery Network with Shared Decision Making

- **MRI hours have been extended across the region vast majority now increased service from 8am-8pm.**



Radiology

Extended hours SE L

- **Connection with key contacts in Kent and Medway ICBs**

Specific Issues/Concerns inc areas that may require escalation

Actions/mitigations

Access to Queen Elizabeth Woolwich PACS. This has been outstanding for around 18 months

No 24/7 access to MRI access in Kent. Radiography workforce issues nationally.

Getting regional data of spinal waiting lists

Working with ICT team at King’s to finding capacity to complete this piece of work. Requesting regular updates. At the time of writing this report the IT assured they are two weeks from completion.

Explore other models for local MRI cover.

Working Kent and Medway to obtain PACS RIS Data Sharing

Patient Public Voice & Engagement

Understanding and improving experience of care by embedding patient, carer and public voices in guidance, service development and delivery

Draft SELK Network Spinal Fracture leaflet – This will be reviewed by patients, through a cohort of spinal fracture patients, aiming to complete in January 2023.









Draft spinal fracture format Sep


Workforce

- Enhanced Recovery Nurse Strong– helps to support work in enhanced recovery after spinal surgery. Already demonstrating reduced LOS and improved patient experience.
- Local PACS access and developing the shared decision making. (See evidence below)

<p>Update on workforce successes, challenges across the network service/s</p>	
<p>Network Team Development Includes ensuring representation, Equality, diversity and inclusion, staff training and development.</p>	<p>Restructure of Spinal Network governance and meetings to improve engagement.</p> <p>There are now subspecialties SELK Network meetings. The subspecialties meetings include: Radiography, Surgical, MSK, Pain, and A&E Consultant. The Network has found this provides an improved forum to drill down to specific issues and needs relating to the specialities and identify areas for improvement.</p> <p>A SELK Network Leadership Action Group will be set-up in the 2023. Stakeholders to be recruited to the group through expressions of interest to encourage diversity and inclusion.</p>
<p>Key Impact Headlines:</p> <p>Health outcomes/addressing inequalities</p> <p>Clinical pathway effectiveness and efficiencies</p> <p>Innovations</p> <p>Quality</p>	<p>Variability in access to OOH MRI in Kent. Patients routinely transferred to hub sites in London.</p> <p>This Spinal Network is driving the National Back Pain Pathway which aims to reduce variation of spinal service and enhances role of triage and treat practitioners. Aiming to reduce inappropriate scanning referrals by GPs as well as making direct referrals to secondary care.</p> <p>King's direct access to PACS across the region (bar Queen Elizabeth Woolwich)</p> <p>Improved Shared decision making through consultation and consent aligned to CQUIN.</p>

Progress report against workplan 2022/23 mid-year report

	Workplan area: Please indicate if aligned to/signed off by relevant ICS's & NHS England London	Deliverables: Please indicate specific service area & expected impact	Please provide data/metrics/evidence to demonstrate impact: this can be linked, embedded, or sent as a separate attachment	RAG rating   	Further support required: Indicate: Trust, ICB, Regional, National
1	Establishing optimum pathways	Pilot the exemplar CES pathway in Southeast London and Kent	Initial 'as is' audit complete – waiting for GIRFT to release final agreed CES document to pilot locally		GIRFT to release CES updated pathway – due Autumn 22
2	Flow improvements	Reduce length of stay – This is the neuro-spinal work on the wards around ERAS (Enhanced recovery after surgery) – good results show delays in length of stay and working to develop this further with the spinal network	 ERAS Spine Mid-Year Report.pdf		Additional funding for 2 nd ERAS nurse to provide full service and cover.
3	Planning, Operational & Recovery	Reduce waiting lists to increase capacity for elective surgery	Extremely difficult to get data from all trusts. Only managed to obtain  Medway Spinal Waiting lists.pptx Medway.		Real time data of elective waiting lists for the region. Better engagement from service managers
4	Transformation / Population health approach/ Workforce	Drive extension of 24/7 MRI service. To serve the Kent reducing the need for patients to travel to King's for out of hours MRI.	 MRI Spine - QIP.pdf		ICB engagement and ownership.

5	Transformation/ Population health Approach	Strengthen pathway between surgical service and pain management. Aligned to National Back Pathway	 SELK Pain Teams Mapping - June 202		
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