

Support for asylum seekers and refugees

There are many organisations and charities who provide free support for refugees and people seeking asylum in the UK. This leaflet gives information about some of the local services available and how to access them.

Southwark Day Centre

Provides health, housing, employment, training, education and asylum-issue support, as well as English classes and a crèche for children.

Address: Peckham Park Road Baptist Church, 121 Peckham Park Road, SE15 6SX

Open: Wednesdays 11am to 2.45pm

Buses: 63, 78, 363 or 381

Trains: Peckham Rye or Queens Road Peckham

Streatham drop-in service for refugees and asylum seekers

Provides information and advice, health and wellbeing services, and help accessing food support with Norwood and Brixton Food Bank.

Address: 2 Mitcham Lane, SW16 6NN

Open: Thursday, Fridays and Saturdays 9.30am to 2.30pm

Email: dropin@emchurch.plus.com

Buses: St Leonards Church, 50, 109, 118, 133, 159, 249, 250, 255, 315, G1, N109, N133, N250 or P13

Trains: Streatham National Rail Station

The NNLS Destitute Asylum Seekers Drop-in

Welcomes asylum seekers of all backgrounds and provides financial support (a £25 Tesco voucher every month), as well as food, toiletries, and help with immigration, housing and healthcare.

Email: dropin@nnls-masorti.org.uk to register, with your name and contact information (ideally a mobile number and/or email address). You will be invited to an appointment in East Finchley to check that you are eligible for the service, and to collect your first voucher and travel expenses.

Web: www.nnlsdropin.org.uk

Lewisham Refugee and Migrant Network

Supports refugees and asylum seekers. They provide food and emergency support, immigration and housing advice, specific support for women, and networking and inclusion activities.

Email: info@lrmn.org.uk to request help

Phone: 020 8694 0323

Web: www.lrmn.org.uk/get-help

Buses: Abinger Grove, 47, 188 or 199

Trains: Deptford Station

General practitioners (GPs)

All asylum seekers and refugees can register with any GP free of charge. You do not need an address or proof of ID to register.

Pavillion Medical Centre provide specialist additional support for asylum seekers and refugees. Patients need to meet criteria to be eligible for referral to this centre, and can be referred by day centres and healthcare teams.

Address: 9 Brighton Terrace, London, SW9 8DJ

Web: www.pavilionmedicalcentre.co.uk - Go to 'Services' then 'Health inclusion team'

More support and information

Migrant Help provides support with accommodation, asylum claims and legal advice, including with interpreters. To access the free 24-hour helpline.

Phone: 0808 8010 503 **Web:** www.migranthelpuk.org

The Refugee Council provides support with mental health, accommodation, asylum claims, legal advice and specific support for young people. For help, or to self-refer to their counselling service, go to:

Web: www.refugeecouncil.org.uk

Refuaid provide support and access to employment, higher education, language tuition and loans.

Web: www.refuaid.org

The Helen Bamber Foundation provides support and counselling for people who have experienced torture or sex-trafficking. To self-refer, go to.

Web: www.helenbamber.org

Solace provides support and advice to women affected by domestic and sexual abuse living in London. For help, call the free confidential number.

Helpline: 0808 8025 565 **Email:** advice@solacewomensaid.org

Norwood and Brixton Foodbank

Email: norwoodfoodbank@btinternet.com

Phone: 07722 121108 **Web:** www.norwoodbrixton.foodbank.org.uk/contact-us/

South London Refugee Association provide specialist advice and support to refugees, asylum seekers and other migrants who are at risk or in crisis because of past trauma.

Address: The Woodlawns Centre, 16 Leigham Court Road, London SW16 2PJ

Phone: 020 3490 3443 **Web:** www.slr-a.org.uk

British Red Cross provides help and reunion support for families.

Web: www.redcross.org.uk/get-help/get-help-as-a-refugee

A summary of further services can be found at

Web: www.nnlsdropin.wordpress.com/day-centres-drop-ins

Additional services at King's College Hospital

Language and accessible support services

If you need an interpreter for an appointment with us, or information about your care in a different language or format, please get in touch.

Phone: 020 3299 4826 **Email:** kch-tr.accessibility@nhs.net