

Fasting instructions for children having dental day surgery

Information for patients, parents and carers

This leaflet provides fasting instructions for children who are having dental day surgery under general anaesthetic. If you have any questions, please speak to a member of staff looking after your child.

It is important that your child does not eat or drink before their operation. Please follow these instructions carefully.

Please come to the Day Surgery Unit (Arthur Levin Building) and check in at the reception desk on: _____ at _____.

If you are coming in the **morning**, your child must not eat anything after 02.30am.

They may drink **plain** water until: _____.

If you are coming in the **afternoon**, your child must **not** eat anything after 07.30am.

They may drink **plain** water until: _____.

If your child is under one year old and you are breastfeeding, please complete their last feed three hours before their check-in time.

Contact us

If you have any questions or concerns, please contact the Department of Paediatric Dentistry team. If your child has persistent bleeding, severe swelling or severe pain, please contact us. If out of hours or at weekends, please call NHS 111 or attend your local A&E department for advice.

Central Referral Office	020 3299 4988
Clinic Appointments	020 3299 3055
Secretary	020 3299 3375 020 3299 4983

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.kch.nhs.uk/patientsvisitors/patients/leaflets

Sharing your information

We have teamed up with Guy's and St Thomas' Hospitals in a partnership known as King's Health Partners Academic Health Sciences Centre. We are working together to give our patients the best possible care, so you might find we invite you for appointments at Guy's or St Thomas'. To make sure everyone you meet always has the most up-to-date information about your health, we may share information about you between the hospitals.

Care provided by students

We provide clinical training where our students get practical experience by treating patients. Please tell your dentist if you do not want students to be involved in your care. Your treatment will not be affected by your decision.

PALS

The Patient Advice and Liaison Service (PALS) is a service that offers support, information and assistance to patients, relatives and visitors. They can also provide help and advice if you have a concern or complaint that staff have not been able to resolve for you. They can also pass on praise or thanks to our teams. The PALS office is located on the ground floor of the Hambleden Wing, near the main entrance on Bessemer Road - staff will be happy to direct you.

PALS at King's College Hospital, Denmark Hill, London SE5 9RS

Tel: 020 3299 3601

Email: kch-tr.palsdh@nhs.net

If you would like the information in this leaflet in a different language or format, please contact our Communications and Interpreting telephone line on 020 3299 4826 or email kch-tr.accessibility@nhs.net