



# Having your tooth removed (extracted) at the dentist

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Why do you have to have a tooth removed?

- A tooth may need to be removed because it has a big hole (tooth decay) or because it is very loose.
- To stop you from having pain.





## During your appointment...



You will be asked to take a seat in the dental chair.



The chair will lie back.

The light will go on.



You will be asked to open your mouth wide and the dentist will use a mirror.





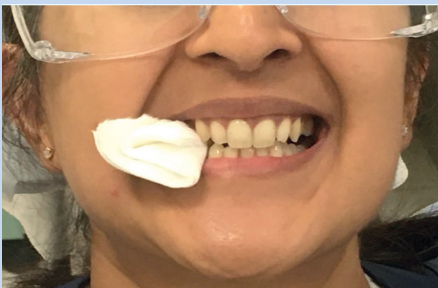
The tooth will need to be numbed.  
You will need an injection/ needle in your mouth.



The dentist will pull and push on your tooth.



The dentist will pull your tooth out.



The dentist will place clean gauze in your mouth.  
You must bite down on the gauze to stop any bleeding.  
You must not swallow it.





## After your appointment...



**Do not** rinse your mouth or spit out for the rest of the day.



**Do not** drink alcohol for the rest of the day.



**Do not** do any exercise, heavy lifting for the rest of the day.





**Do not** smoke for 5 days.





## After your appointment...



Bite on clean gauze/ towel if it starts to bleed. Continue to bite for 15 minutes. Repeat if needed.



If you continue to bleed call the department or **NHS 111**.



Take painkillers as advised by the dentist.





On the day after your tooth is removed, start rinsing your mouth with warm, salty water three times a day. Continue for five days.



## Sharing your information

We have teamed up with Guy's and St Thomas' Hospitals in a partnership known as King's Health Partners Academic Health Sciences Centre. We are working together to give our patients the best possible care, so you might find we invite you for appointments at Guy's or St Thomas'. To make sure everyone you meet always has the most up-to-date information about your health, we may share information about you between the hospitals.

## Care provided by students

We provide clinical training where our students get practical experience by treating patients. Please tell your doctor or nurse if you do not want students to be involved in your care. Your treatment will not be affected by your decision.

## PALS

The Patient Advice and Liaison Service (PALS) is a service that offers support, information and assistance to patients, relatives and visitors. They can also provide help and advice if you have a concern or complaint that staff have not been able to resolve for you. They can also pass on praise or thanks to our teams. The PALS office is located on the ground floor of the Hambleton Wing, near the main entrance on Bessemer Road - staff will be happy to direct you.

PALS at King's College Hospital, Denmark Hill, London SE5 9RS

Tel: **020 3299 3601**

Email: **[kch-tr.palsdh@nhs.net](mailto:kch-tr.palsdh@nhs.net)**

**If you would like the information in this leaflet in a different language or format, please contact our Communications and Interpreting telephone line on 020 3299 4826 or email [kch-tr.accessibility@nhs.net](mailto:kch-tr.accessibility@nhs.net)**