



Having your teeth cleaned at the dentist



Why do your teeth need to be cleaned?

- To help keep your teeth and gums healthy, and your breath fresh.





During your appointment...



You will be asked to take a seat in the dental chair.



The chair will lie back.

The light will go on.



You will be asked to open your mouth wide and the dentist will use a mirror.





The dentist will use a brush to polish your teeth.
The brush is noisy.



The dentist may also use a scaler which may feel sensitive.



The nurse will use suction to remove the water in your mouth.



Your teeth have now been cleaned. Your teeth may feel sensitive for a short time afterwards.



Sharing your information

We have teamed up with Guy's and St Thomas' Hospitals in a partnership known as King's Health Partners Academic Health Sciences Centre. We are working together to give our patients the best possible care, so you might find we invite you for appointments at Guy's or St Thomas'. To make sure everyone you meet always has the most up-to-date information about your health, we may share information about you between the hospitals.

Care provided by students

We provide clinical training where our students get practical experience by treating patients. Please tell your doctor or nurse if you do not want students to be involved in your care. Your treatment will not be affected by your decision.

PALS

The Patient Advice and Liaison Service (PALS) is a service that offers support, information and assistance to patients, relatives and visitors. They can also provide help and advice if you have a concern or complaint that staff have not been able to resolve for you. They can also pass on praise or thanks to our teams. The PALS office is located on the ground floor of the Hambleton Wing, near the main entrance on Bessemer Road - staff will be happy to direct you.

PALS at King's College Hospital, Denmark Hill, London SE5 9RS

Tel: **020 3299 3601**

Email: **kch-tr.palsdh@nhs.net**

If you would like the information in this leaflet in a different language or format, please contact our Communications and Interpreting telephone line on 020 3299 4826 or email kch-tr.accessibility@nhs.net