



# Having intravenous sedation for dental treatment

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## What is intravenous sedation?

- It is medicine that will make you feel relaxed.
- It is given through a plastic tube in your arm or hand.





## Before your appointment...



You may eat a small meal 1 to 2 hours before your appointment.



You may take your medicines at the normal time unless the dentist tells you otherwise.



Please wear flat shoes and loose, comfortable clothes to the appointment.





Tell the dentist if you are having a baby or trying for a baby.



Tell the dentist if you feel ill.





## Before your appointment...

You must bring someone with you who is over 18 years old.

They must:

- Come with you to the appointment
- Wait while you have the treatment
- Take you home
- Stay with you the rest of the day
- Stay with you for the night
- If you do not have someone with you we will not be able to treat you



- This is because if you have this treatment you can't be left on your own for 24 hours





## Before your appointment...



**Do not** drink alcohol 24 hours before the appointment.



**Do not** take recreational drugs 48 hours before the appointment, including cannabis (weed).

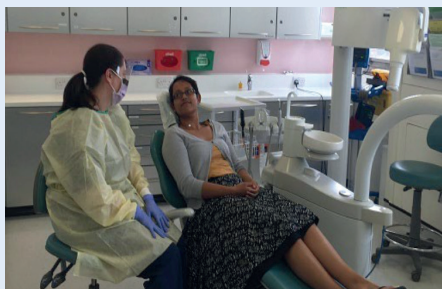


**Do not** wear nail varnish or false nails.





## During your appointment...



You will be asked to take a seat in the dental chair.



The nurse will put a band on your arm to take your blood pressure and put a clip on your finger to measure your breathing.

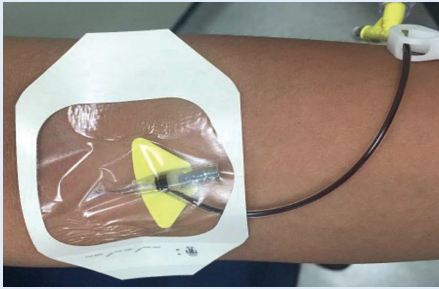


The dentist may spray medicine (sedation drug) up your nose before placing a small plastic tube with a needle in your arm or hand.





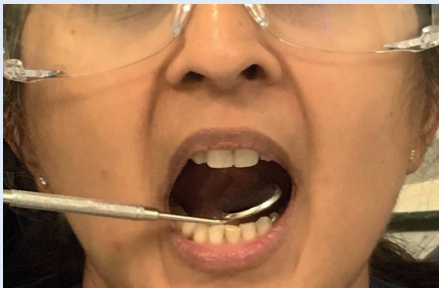
The dentist will need to look at the veins in your arm or your hand, so the nurse will hold your arm.



The dentist will put a small plastic tube with a needle in the back of your hand or arm and put a plaster over it.



The liquid medicine (sedation drug) will be given through the plastic tube to make you relaxed.



When you are very relaxed the dentist will look in your mouth and do your treatment.







After your treatment you will be asked to stay in the clinic for a short time before going home.

## **After your appointment...**



Rest for the remainder of the day.



Take your medicines at the normal time unless the dentist tells you otherwise.







## After your appointment...



**Do not** drive until the next day.



**Do not** use machinery or kitchen appliances until the next day.



**Do not** ride a bike until the next day.





**Do not** go back to work until the next day.



**Do not** drink alcohol for the rest of the day.



**Do not** take recreational drugs for the rest of the day, including cannabis (weed).



**Do not** look after babies, children or adults who need support.



**Do not** sign any important documents.



## Sharing your information

We have teamed up with Guy's and St Thomas' Hospitals in a partnership known as King's Health Partners Academic Health Sciences Centre. We are working together to give our patients the best possible care, so you might find we invite you for appointments at Guy's or St Thomas'. To make sure everyone you meet always has the most up-to-date information about your health, we may share information about you between the hospitals.

## Care provided by students

We provide clinical training where our students get practical experience by treating patients. Please tell your doctor or nurse if you do not want students to be involved in your care. Your treatment will not be affected by your decision.

## PALS

The Patient Advice and Liaison Service (PALS) is a service that offers support, information and assistance to patients, relatives and visitors. They can also provide help and advice if you have a concern or complaint that staff have not been able to resolve for you. They can also pass on praise or thanks to our teams. The PALS office is located on the ground floor of the Hambleton Wing, near the main entrance on Bessemer Road - staff will be happy to direct you.

PALS at King's College Hospital, Denmark Hill, London SE5 9RS

Tel: **020 3299 3601**

Email: **[kch-tr.palsdh@nhs.net](mailto:kch-tr.palsdh@nhs.net)**

**If you would like the information in this leaflet in a different language or format, please contact our Communications and Interpreting telephone line on 020 3299 4826 or email [kch-tr.accessibility@nhs.net](mailto:kch-tr.accessibility@nhs.net)**