



Having inhalation (gas) sedation for dental treatment



What is inhalation sedation?

- You will be given a gas that you breathe through your nose.
- It will make you feel relaxed and happy.
- It does not taste or smell bad.





Before your appointment...



You may eat a small meal 1 to 2 hours before your appointment.



You may take your medicines at the normal time unless the dentist tells you otherwise.



Please wear flat shoes and loose, comfortable clothes to the appointment.





Tell the dentist if you are having a baby or trying for a baby.



Tell the dentist if you feel ill.





Before your appointment...



Do not drink alcohol 24 hours before the appointment.



Do not take recreational drugs 48 hours before the appointment, including cannabis (weed).





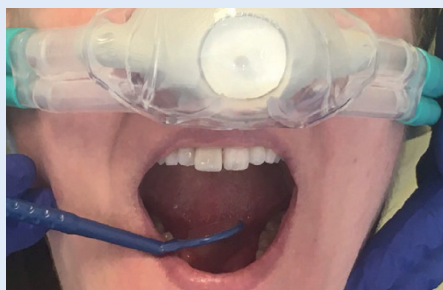
During your appointment...



You will be asked to take a seat in the dental chair.



The dentist will place a small mask over your nose. You will breathe the gas through your nose.



When you are very relaxed the dentist will look in your mouth and do your treatment.





After your appointment...



Rest for the remainder of the day.



Take your medicines at the normal time unless the dentist tells you otherwise.





After your appointment...



Do not drive until the next day.



Do not ride a bike until the next day.



Do not go back to work until the next day.





After your appointment...



Do not sign any important documents.



Do not take recreational drugs for the rest of the day, including cannabis (weed).



Do not drink alcohol for the rest of the day.



Sharing your information

We have teamed up with Guy's and St Thomas' Hospitals in a partnership known as King's Health Partners Academic Health Sciences Centre. We are working together to give our patients the best possible care, so you might find we invite you for appointments at Guy's or St Thomas'. To make sure everyone you meet always has the most up-to-date information about your health, we may share information about you between the hospitals.

Care provided by students

We provide clinical training where our students get practical experience by treating patients. Please tell your doctor or nurse if you do not want students to be involved in your care. Your treatment will not be affected by your decision.

PALS

The Patient Advice and Liaison Service (PALS) is a service that offers support, information and assistance to patients, relatives and visitors. They can also provide help and advice if you have a concern or complaint that staff have not been able to resolve for you. They can also pass on praise or thanks to our teams. The PALS office is located on the ground floor of the Hambleton Wing, near the main entrance on Bessemer Road - staff will be happy to direct you.

PALS at King's College Hospital, Denmark Hill, London SE5 9RS

Tel: **020 3299 3601**

Email: **kch-tr.palsdh@nhs.net**

If you would like the information in this leaflet in a different language or format, please contact our Communications and Interpreting telephone line on 020 3299 4826 or email kch-tr.accessibility@nhs.net



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