



# **Become a patient influencer**

Help us build our digital future



Position:	Patient influencer and member of the Apollo patient panel
Staff contact:	Holly Salisbury, Engagement Manager
Estimated time commitment:	Half a day a month, on average. This time will be spent in patient panel meetings and workshops. The half day a month average is based on a patient influencer attending 1 patient panel meetings a quarter, and choosing to attend 1-2 workshops per month.
	Go to the <b>What will we ask you to do?</b> section on <b>page 4</b> to find out more about the flexibility of this role, and the options available to you.
Preparation time:	We will give you all the information you need in each workshop, but we can send information to you ahead of time if that is helpful.
Length of events and meetings:	<ul> <li>Workshop meetings will be between 1 hour and 2.5 hours (plus breaks)</li> <li>Other patient panel meetings will be between 1 and 1.5 hours</li> </ul>

#### What is the Apollo Programme?

We want to provide the best possible care, and support our staff to work efficiently and have more time to spend with our patients. This is why Guy's and St Thomas' NHS Foundation Trust (including Royal Brompton and Harefield) and King's College Hospital NHS Foundation Trust are working together to transform the way we deliver patient care across South East and West London. This programme of work has been named 'the Apollo programme.'

Apollo will bring staff and patients together to design an electronic health record (EHR) system. This will replace multiple systems that don't always 'talk to' each other. By joining up patient records we can make them easily accessible to both clinicians and patients, and give patients more opportunities to manage their healthcare online.

#### Why do we need patients to be involved?

Having an electronic healthcare record system will change the way patients contact and communicate with services, so we want patients, parents and carers to help us to design and test:

- A digital kiosk that patients can use to check in for appointments and find out waiting times
- An online patient portal where patients can access their health records and complete tasks to help manage their care
- An online app for patients staying at hospitals or community care units that patients can use to access educational materials and information on their healthcare, and to communicate with their care team
- Patient communications and training courses and materials
- Alternative patient pathways for those who can't or don't want to use digital services

## Who are we looking for?

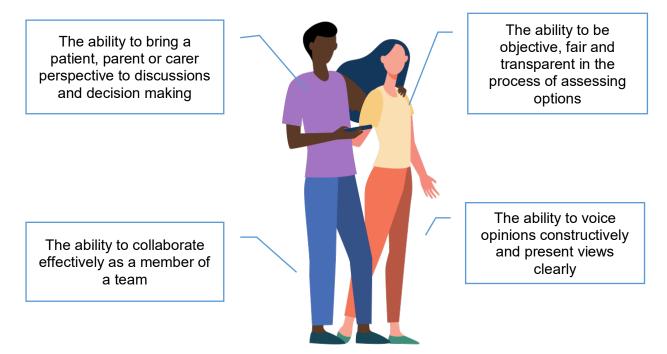
We know that our patients, parents and carers have a wide range of experiences and skills. We want to hear from you if you:

- have used one or more services at Guy's and St Thomas', Royal Brompton and Harefield or King's College Hospitals within the last 5 years
- are interested in how digital technology can be used in healthcare you could have a background in communications or technology, or just have an interest in the topic
- are age 16 or over (applicants between the ages of 16-18 will need written permission from a parent, guardian or carer in order to take part)

We want to involve a wide range of people, including those who:

- are not very confident in using digital services
- are confident in using digital services
- are a parent of a patient who is under 16
- have experiences and perspectives that we can learn from, including (but not limited to) those who:
  - $\circ$   $\;$  have learning disabilities, and their carers
  - have sensory disabilities, and their carers
  - o have mobility disabilities, and their carers
  - o use assistive technology
  - have one or more long term conditions
  - $\circ$  have to travel to access hospital services
  - o are over 75
  - o speak English as an additional language
  - o do not speak English as their primary language
  - o come from a range of ethnic groups
  - o are LGBTQIA+
  - o are moving from paediatric to adult services
  - o may feel socially excluded

Patient influencers will have:



#### What will we ask you to do?

Patient influencers will attend a patient panel welcome meeting, where we will tell you our plans for involving patients in designing and testing as part of the Apollo programme. Following this meeting, you will be able to choose which Apollo working groups you want to sign up to:

Direction working group: September 2021 to May 2022 In this working group patients will be asked about the design of the patient facing aspects of the system

- Series of design workshops (choose which ones you want to attend)
- Patient panel meetings

Testing working group: June 2021 to December 2022 In this working group patients will be asked to test elements of the systems that patients will use

- Series of testing workshops (choose which ones you want to attend)
- Patient panel meetings

Communications and training working group: January 2023 to April 2023 In this working group patients will help us to design our communications for patients about the system

- Series of communications and training design workshops (choose which ones you want to attend)
- Patient panel meetings

Implementation working group: April 23 – end date to be confirmed In this working group patients will explore future improvements to the system

- Series of implementation workshops (choose which ones you want to attend)
- Patient panel meetings

As part of the patient influencer role, you will need to:

- sign up to one or more working groups
- attend at least one workshop for each of the working groups you have signed up for
- be willing to undertake appropriate training, development and support activities that are offered

## How would we support you in this role?

We will:

- offer to recognise and reward your time for each meeting and workshop you attend, in line with Trust policy (you can choose whether you want to receive this reward or not)
- reimburse your reasonable expenses for each meeting event, in line with Trust policy (you can choose whether you want to receive this reimbursement or not)
- give you any support you need to carry out the patient influencer role, including individual support tailored to your needs
- support you to prepare for each meeting or event by sending materials ahead of time, if you think this will be helpful to you
- answer any of your questions ahead of meetings and workshops
- offer the opportunity for you to sign-up for newsletters and be a part of an online Apollo patient panel community

## **Incentives and reimbursements**

We would like to offer patient influencers the following reimbursement and incentives opportunities in recognition of your time and commitment given to the programme:

- Reimbursement of time spent in workshops and meetings in line with Trust policy
- Reimbursement of travel expenses:
  - Transport within London
  - Transport outside of London
- Childcare costs
- Carer costs
- Access to IT training
- Foundation Trust Membership (for those 18 years of over). <u>Click here</u> to find out more about Trust membership and benefits.
- Job references
- Apollo reward scheme and entry into our prize draw

## Next steps

If you would like to:

- Have an informal conversation about the role
- Request the form in a different format

Please contact Holly Salisbury at <u>Apollo@gstt.nhs.uk</u> or on 07770084970

If you are ready to become a lead patient influencer please complete an application form and send it to <u>Apollo@gstt.nhs.uk</u> or send via post to:

Holly Salisbury, Apollo Programme, 1 Lower Marsh, London SE1 7NT