

A Time to Remember



*For all those children whose lives
have been cut short before or after birth*

Sunday 11th October 2020

4pm

**King's College Hospital NHS
Foundation Trust Chaplaincy,
streaming from
Princess Royal University Hospital
Chapel,
welcomes you
to 'A Time to Remember.'**

We hope you will find some comfort from the words, music and silence that make up this time together.

Acknowledgements

We acknowledge the contribution of the many people who have given of their time freely to help prepare and support this event. The Chaplaincy would like to thank:

For the recordings

Phoebe Tak Man Chow, Director of Music at All Saints' Orpington
(the hymns)

Lesley Cooper and The Newstead Singers (the anthem)

And the Trust Communications' Team.

Please join in the text in **BOLD**

Welcome, introduction and lighting of the Candle of Hope

Reading: Just those few fleeting moments

For those few fleeting moments
I had you to myself.
And that seems so short a time,
yet I am so profoundly changed.
In those few fleeting moments
I came to know you...
and to love you.
You came to trust me with your life.
Oh, what a life I had planned for you!



When I lost you,
I lost a lifetime of hopes,
plans, dreams, and aspirations...
A slice of my future simply vanished overnight.
It wasn't enough time to convince others
how special and important you were.
Just a mere few fleeting moments
And no "normal" person would cry all night
over a tiny unnamed baby,
or get depressed and withdrawn day after endless day.
No one would, so why am I?

You darted in and out of my life too quickly.
But it seems that's all the time you needed
to make my life so much richer
and give me a small glimpse of eternity.

Susan Erlin

We hear:

Hymn: Fleetingly Known

(sung to the tune of 'Morning Has Broken' - Bunessan)

**Fleetingly known, yet ever remembered,
These are our children now and always:
These whom we see not, we will forget not,
Morning and evening, all of our days.**

**Lives that touched our lives, tenderly briefly,
Now in the one light living always:
Named in our heart now, safe from all harm now,
We will remember all of our days.**

**As we recall them, silently name them,
Open our hearts, Lord, now and always;
Grant to us, grieving, love for the living:
Strength for each other, all of our days.**

**Safe in your peace, Lord, hold these our children,
Grace, light, and laughter, grant them each day:
Cherish and hold them, till we may know them
When in your glory we find our way.**



Reading: Man in Grief

It must be difficult
To be a man in grief,
Since “men don’t cry” and “men are strong”
No tears can bring relief.

It must be very difficult
To stand up to the test
And field calls and visitors
So she can get some rest.

They always ask if she’s doing all right
And what she’s going through,
But seldom take his hand and ask,
“My friend, but how are you?”

He hears her crying in the night
And thinks his heart will break.
He dries her tears and comforts her,
But stays strong for her sake.

It must be very difficult
To start each day anew
And try to be brave –
He lost his baby too.

Eileen Knight Hagemester

Reading: They Say There is a Reason

They say there is a reason,
They say that time will heal,
But neither time nor reason,
Will change the way I feel,
For no-one knows the heartache,
That lies behind our smiles,
No-one knows how many times,
We have broken down and cried,
We want to tell you something,
So there won't be any doubt,
You're so wonderful to think of,
But so hard to be without.



~ Author Unknown

Lighting of our Candles of Remembrance

We light candles of remembrance.

This will be followed by time for personal reflection.

A Time of Prayer and Remembrance as our Children and Babies are recalled.

We remember with thanksgiving all our children who we no longer see, but who hold their unique place within our family and home. We pray for them today and for one another.

Silence

To you gentle Father, we entrust these children so precious in your sight. Be with us each one as we remember those who have died recently and in past years. We entrust them to your love, to be held in your presence, where there is no sorrow, no weeping, no pain, but the fullness of peace and joy with you for ever and ever.

Silence

God of all time

As we think of these babies we face the mystery of life and death,
Of birth and rebirth into your closer presence.

We pray for parents, their family and their friends
as they mourn their loss.

Strengthen the bonds of our families, and help us to go on from here
in the memory of our children and in the closeness of your love.

Silence

We give thanks for all those who have cared for us, who have listened to our needs and who have dried our tears. We especially give thanks for the work of the many organisations and professional bodies which care for the bereaved. We ask that as they have helped us, so may they continue to be blessed in all that they do.

Silence

We offer our thanks for the doctors and nurses, midwives and counsellors who have stood by us in our pain, and who have helped us to make sense of those things which can never really be explained.

We pray for the work of those dedicated to research into the causes of our loss.

Silence

As we bring our own needs today, may we draw strength from one another. Strangers perhaps, but also friends, because together we shared the path of sorrow. We draw strength, too, from our children, because, in so short a time they have given us much. We have lost so much, but there is much that is so precious that no one can ever take away from us.

Silence

May we have strength for each new day
To weep when we should weep
To accept the comfort that memories bring
And to face the future with courage.
May we know God's peace, so that we can bring peace to others.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever. Amen.**

Music for reflection: 'For the Beauty of the Earth' - John Rutter

Affirmation of our Remembrance

When we are weary and in need of strength.

When we are lost and sick at heart.

We will remember them.

When we have a joy we crave to share.

When we have decisions that are difficult to make.

We will remember them.

At the blowing of the wind and in the chill of winter.

At the opening of the buds and in the rebirth of spring.

We will remember them.

At the blueness of the skies and in the warmth of summer.

At the rustling of the leaves and in the beauty of autumn.

We will remember them.

At the rising of the sun and at its setting.

We will remember them.

As long as we live, they too will live.

For they are now a part of us.

As we remember them.

Adapted from a Jewish Funeral Prayer

Reading: Sometimes

Sometimes, when the sun goes down, it seems it will never rise again...
but it will.

Sometimes, when you feel alone, it seems your heart will literally break
in two... but it won't.

And sometimes, it seems it's hardly worthwhile carrying on... but it is.

For sometimes, when the sun goes down, it seems it will never
rise again, But it does.

Frank Brown

We hear:

Hymn: Make me a channel of your peace

Make me a channel of your peace.

Where there is hatred, let me bring your love;

Where there is injury, your pardon, Lord;

And where there's doubt, true faith in you.

*O Master grant that I may never seek
So much to be consoled as to console,
to be understood as to understand,
to be loved as to love with all my soul.*

Make me a channel of your peace.

Where there's despair in life, let me bring hope;

Where there is darkness, only light,

And where there's sadness, ever joy.

*O Master grant that I may never seek
So much to be consoled as to console,
to be understood as to understand,
to be loved as to love with all my soul*

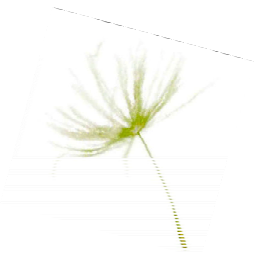
Make me a channel of your peace.

It is in pardoning that we are pardoned,

in giving to all that we receive,

And in dying that we're born to eternal life.

Sebastian Temple from a Prayer of St Francis of Assisi



May these candles burning bright,
Be always our light of hope.
May these lights burn bright in us
To guide us on our way.
May we find peace and strength
For all that lies ahead.
The journey is not complete and loving still goes on...
So let us not forget...
their lights burn bright today.

Prayer of Blessing

Bless, O God, the road that is before us
Bless, O God, the friends and family that surround us
Bless, O God, your love that is within us
Bless, O God, the light that leads us home
May the God of peace himself grant you peace,
at all times and in all ways. **Amen**

Music is played after the service.

For 2021 we have planned for Sunday 17th October at 4pm.
All Saints' Orpington, Bark Hart Road, BR6 0QD



A memorial plaque has been placed at Honor Oak Crematorium in memory of babies born at King's. There is also a memorial at West Norwood Cemetery situated near the main gate.

Please ask one of the Chaplains for details, telephone the Chaplain's office on 020 3299 3522 or email kch-tr.chaplains@nhs.net

Some useful contacts

Child Death Helpline

0800 282 986 (Helpline - open every day) www.childdeathhelpline.org.uk

The Compassionate Friends

0345 123 2304 (Helpline - open every day) help@tcf.org.uk

Cruse Bereavement Care

0844 477 9400 (day by day helpline) 0808 808 1677 (young persons' helpline) www.crusebereavementcare.org.uk (info@cruse.org.uk)

Stillbirth and Neonatal Death Society (SANDS)

0808 164 3332 (Helpline@sands.org.uk) www.uk-sands.org

Miscarriage Association

01924 200799 (Helpline) info@miscarriageassociation.org.uk

The Foundation for the Study of Infant Deaths

020 7233 2090, 020 7222 8001 (Helpline) www.sidsorg.uk/fsid

Winston's Wish

(Support for bereaved children & young people)

08088 020 021 (Family Line) www.winstonswish.org.uk

Baby Loss

www.babyloss.com Useful website with details of National Baby Loss Awareness Week 0203 897 6092

ARC Antenatal Results and Choices

Helpline 0207 713 7486 or 0845 077 2290 www.arc-uk.org

The Ceremony of Remembrance for The Princess Royal University Hospital Site at King's 2020 is being streamed from PRUH Chapel.