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# Referral guidance: Neck bumps and Thyroid node swelling

Please see algorithm below for the referral process for patients with swollen thyroid nodules or neck lumps, which may be thyroid in origin. For the full list of conditions we treat and other **instructions for referrals** to this service, please see our [Endocrinology service page](http://www.kch.nhs.uk/service/a-z/endocrinology) on the King’s College Hospital website.

**Further enquiries**: Thyroid and Endocrine Clinical Nurse Specialist Tel: 020 3299 1053 or call KCH switchboard for on-call Endocrine Registrar on Bleep 188.

Patient presents to GP

Examine neck & confirm thyroid nodule/swelling

Sudden onset of pain in a thyroid lump

Thyroid nodule/swelling causing stridor or rapid increase in size

For an **immediate referral** (same day)

call KCH **020 3299 9000**

* To refer to Emergency Dept
* Or to contact on-call Medical Endocrine team on Bleep 188

Arrange blood tests

(Thyroid Function Test)

Send your **routine** referral to:

kch-tr.kchReferrals@nhs.net

KCH Thyroid Nodule Clinic or General Thyroid clinic

Normal TFT

(euthyroid)

Abnormal TFT

Email your **urgent** referral to   
[kch-tr.cancerdata@nhs.net](mailto:kch-tr.cancerdata@nhs.net)

Rapid Access Thyroid nodule clinic **(2 week wait)**

Despite normal TFT, does patient still present with or has a history of:

* Enlarging painless lump
* Unexplained hoarseness/voice change
* Associated cervical lymphadenopathy
* Thyroid nodule/goitre in a child
* Previous neck irradiation
* Family history of Thyroid cancer

**NO**

**YES**