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**Princess Royal University Hospital**

**antenatal self-referral form**

Princess Royal University Hospital (PRUH), Farnborough Common, Orpington, BR6 8ND

You can choose to refer yourself directly to the antenatal services at Princess Royal University Hospital, rather than via your GP. Please complete this form, giving as much detail as possible so that we can ensure the best pathway for your maternity care.

**Please note that all nuchal and anomaly scans are carried out at King’s College Hospital in Denmark Hill.**   
  
Please save this Word document, fill in the form and send completed forms as a Word attachment to [**kch-tr.br-maternitypruh@nhs.net**](mailto:kch-tr.br-maternitypruh@nhs.net).

You will receive an email with your appointment details within 7 working days. If you have not received your appointment within 7 working days, please call us on **020 3910 7279** 8am to 4pm, Monday to Friday.

**PLEASE ENSURE YOU CHECK YOUR JUNK EMAIL FOLDER.**

**Your details**

Title

First name

Last name

Date of birth

Ethnicity

English / Welsh / Scottish / Northern Irish / British

Irish

Gypsy or Irish Traveller

Any other White background

White and Black Caribbean

White and Black African

White and Asian

Any other Mixed / Multiple ethnic background

Indian

Pakistani

Bangladeshi

Chinese

Any other Asian background

African

Caribbean

Any other Black / African / Caribbean background

Arab

Any other ethnic group

NHS number (if known)

Address

Postcode

Preferred contact number  
Preferred contact number

Preferred contact number

Email

Confirm email

**Do you have any of the following special requirements? If "yes" please select the check box   
and give details in the boxes below:**

Need an interpreter

If “yes” please tell us which language

Learning disabilities

Hearing problems

Sight problems

**Details about your GP**

Practice name

Address

Phone number

**Your clinical information**

First day of last menstrual period (date, month, year)

IVF pregnancy?

If “yes” please give your egg transfer date

Preferred type of birth (please select one box)

Hospital birth

Home birth / open to a home assessment in labour

Oasis Birth Centre

Undecided

**How many of the following have you had?**

Pregnancies

Live children

Pre-term babies (less than 37 weeks)

Ectopic pregnancies

Miscarriages and terminations

Still births

Neo-natal deaths

**How many times have you delivered by?**

Normal vaginal birth

Caesarean section

Ventouse (suction)

Forceps

**Do you have any of the following health problems, if "yes" please select the check box and give details in the boxes below:**

Breathing

Diabetes

Heart

High blood pressure

Kidney

Liver

Mental health

Neurological

Other

Have you have transferred your care from another maternity unit? If so please give details of care and scans you have had.

Have you given birth before at the PRUH or King’s College Hospital?

Estimated date of your last smear (date, month, year)

Result of your last smear

Past Gynae/Obstetric History

Past Medical/Surgical History

Details and dosage of your current medication (including folic acid)

Do you or the father of the baby have sickle cell disease or trait?

Do you or the father of the baby have thalassemia or thalassemia trait?

**Your mental wellbeing**

**If any of the following are relevant to you in the past month, please select the check box and give details in the box below:**

In the past month have you:

Felt down, depressed or hopeless?

Felt little interest or pleasure in doing things?

Felt nervous, anxious or on edge?

Not been able to stop or control worrying?

If you have answered yes to any questions in this section, is this something you need or want help with?

Is there anything else you would like to add about your mental wellbeing?

**If any of the following are relevant to you, please select the check box and give details in the   
box below:**

Substance abuse (including your partner)

Violence/domestic abuse

Safeguarding/known to social services

Asylum seeker/refugee

Smoker

**Maternity Notes - your online pregnancy records**

You can choose to see your notes via an electronic system called Maternity Notes. You can do this through a smartphone app or a website during your pregnancy. The system includes:

* details of upcoming appointments
* space to write your birth plan
* links to national resources and websites
* links to King’s patient information leaflets
* feedback forms

**How and why Maternity Notes uses your information**

If you would like to see your pregnancy records online, confirm below that you consent to this and provide the email and mobile phone number requested. These allow us to set up secure three-step verification, which is important because it ensures your personal health records can only be accessed by you.

Your email address will only be used by the hospital to contact you regarding this pregnancy. It will be shared with Clevermed Ltd, the company that provides the Maternity Notes system. It will not be shared with any other external organisations. For further information about how your data will be used and stored, go to: [**http://www.pregnotes.net/Home/PrivacyNotice**](http://www.pregnotes.net/Home/PrivacyNotice).

**Check your email**

If you consent to use Maternity Notes, please check your email regularly, as this is how we will send you details of your first appointment with a midwife. You may need to check your junk email folder or add kch-tr.br-maternitypruh@nhs.net to your contacts in advance.

Please do not contact the antenatal booking team with portal issues.

The email we send you will include links to download the Maternity Notes app or login to the website. We encourage you to enter some of your personal information into Maternity Notes before your booking appointment.

Please tick to confirm you have read about and understood the above information about Maternity Notes

**Give consent to use Maternity Notes**

Please tick to give consent to accessing your maternity records on an electronic system

If consent given, please provide:

* an email address, which only you can access
* your personal mobile telephone number (you will receive a verification text message to this number when you first set up your account. This number will also be used if you forget your password)

Use email address already provided

If no, please provide an additional email:

Use contact number already provided

If no, please provide an additional contact number:

Please send completed forms as a Word attachment to [**kch-tr.br-maternitypruh@nhs.net**](mailto:kch-tr.br-maternitypruh@nhs.net).

You will receive an email with your appointment details within 7 working days. If you have not received your appointment please email us on [**kch-tr.br-maternitypruh@nhs.net**](mailto:kch-tr.br-maternitypruh@nhs.net).

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