

Juvenile Diabetes Research Foundation (JDRF)

This charity researches and fundraises to find a cure for type 1 diabetes and its complications.

Tel: 020 7713 2030
Website: www.jdrf.org.uk
Email: info@jdrf.org.uk

Disability Living Allowance (DLA)

Children with diabetes are entitled to claim this tax-free benefit.
Benefit Enquiry Line
Tel: 0800 882200

Recommended reading:

Type 1 Diabetes in Children, Adolescents and Young Adults, by Dr Ragnar Hanas
ISBN 9781859591536

Diabetes through the looking glass:
Seeing diabetes from your child's perspective, by Dr Rachel Besser
ISBN 9781859592090

Carbs & Cals

A visual guide to carbohydrate and calorie counting for diabetics, by Chris Cheyette and Yello Balolia
ISBN 9780956443052

Other useful websites

Patient UK

Health information and advice.
www.patient.co.uk

Children with diabetes

The online community for kids, families and adults with diabetes
www.childrenwithdiabetes.com

National Institute of Clinical Excellence

Guidelines for the treatment of type 1 diabetes.
www.nice.org.uk/page.aspx?o=213575

PALS

If you need information, support or advice about our services, you can contact our Patient Advice and Liaison Service (PALS).

Tel: 020 3299 3601
Email: kch-tr.PALS@nhs.net

King's College Hospital 
NHS Foundation Trust



Supporting families to live well

Paediatric Diabetes Outreach Service

at
King's College
Hospital

**King's College Hospital
NHS Foundation Trust**

Denmark Hill, London SE5 9RS

Switchboard: 020 3299 9000

www.kch.nhs.uk

What is the Paediatric Diabetes Outreach Service?

Our team provides support to help you and your family understand and manage your child's condition.

Our **Paediatric Diabetes Team** will explain your child's diagnosis and how diabetes will affect them. They will also teach you and your child how to manage their condition on a day-to-day basis.

Providing a link between your specialist centre – King's College Hospital – your GP, local hospital, school nurse and any other healthcare professionals involved in your child's care.

How to contact the Paediatric Diabetes Team

Paediatric Diabetes Nurse Specialists

General enquiries Monday to Friday, 9am – 5pm **Barbara Widmer or Alice Hickey**
Tel: 020 3299 1738

If they are unable to answer your call, please leave a message stating your child's name, a contact number and your enquiry. You will be contacted as soon as possible.

Paediatric Diabetes Consultants

Dr Charles Buchanan

Secretary Tel: 020 3299 3431

Dr Martha Ford-Adams

Secretary Tel: 020 3299 3984

Dr Simon Chapman

Tel: 020 3299 4575

Dietician for Paediatrics

Lucy Diamond/Alexis Prince:

Tel: 020 3299 4712

Dietician for Transition service

William Hadfield

Clinical Psychologists

Dr Emma Smith Tel: 020 3299 2489

Dr Megan Hofmann

Paediatric Diabetes Co-ordinator

Prajakta Deshmukh Tel: 020 3299 2335

Appointments

Contact the Coordinator

Paediatric Diabetes Team Email

Address: kch-tr.youngdiabetesconnections@nhs.net

Clinics

Third & Fourth Tuesday of the month:

Under 13 years old

Second Tuesday of the month:

13-16 years old

Fifth Tuesday of the month:

Insulin pump clinic

First Tuesday of the month: young person's clinic together with the adult Diabetes Team. Suite 3, Ground Floor, Golden Jubilee Wing.

Out of hours contact

For out-of-hours advice contact the Diabetes on-call telephone service.

1. Dial **020 7188 7188** for the Guy's and St Thomas's switchboard.

2. When the call connects, press '0' to go directly to an operator
3. Ask the operator for the **children's diabetes on-call clinician**.
4. The operator will ask you for your name and phone number and the clinician will call you back within 30 minutes.

In a medical emergency, please dial 999 for immediate assistance.

Where can I get more information?

The more you know about diabetes the easier it is to manage it well.

Here we recommend some useful reading and organisations where you can find out more about diabetes:

Diabetes UK Family Support Group

The Diabetes UK Family Support Group offers help, support and advice for young people and families living with Type 1 diabetes in Lewisham, Lambeth & Southwark.

Website: www.islfamilysupportgroup.diabetesukgroup.org

Email: DUKlands@gmail.com

Diabetes UK Careline Counsellors

Monday to Friday, 9am – 5pm.

You can also listen to recorded information about diabetes on this number 24 hours a day. Includes a translation service for more than 100 languages.

Tel: **0845 120 2960**

Website: www.diabetes.org.uk

Email: careline@diabetes.org.uk